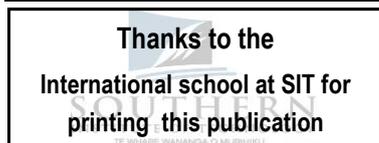


May 2014

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**Thank you to our funders:**



## Annual General Meeting of Southland Multicultural Council Inc. (SMC)

**Date: Wednesday, 28th May, 2014.**

**Time: 6.00pm**

**Venue: Invercargill Public Library (50, Dee St.)**

**Meeting room (Upstairs)**

**Guest Speaker:** R.A Nishanthi Tharanga, Teacher from Sri Lanka

There will a cup of tea/coffee after the meeting

*All welcome*

- Only financial members are entitled to stand for the committee and are entitled to vote at the AGM
- If you're unsure, you're paid up or a current member you can phone the office. To inquire.

Nomination forms can be collected at the SMC office, Tel 214 9296, between 9.30am and 3.30pm. Please return completed nomination forms to the SMC office by 12 noon on Wednesday 28 May 2013.

## Important Notice

### Special General Meeting (Voting of Amendments in the SMC Constitution)

**Date: Wednesday, 28th May, 2014.**

**Time: 5.30pm, venue as above.**

Copies of the amendments can be obtained at the SMC office or by request via email at [office@southlandmulticultural.co.nz](mailto:office@southlandmulticultural.co.nz)

#### DISCLAIMER—

The information disclosed in this publication does not necessarily reflect the view of the Southland Multicultural Council Inc.  
Southland Multicultural Council Inc does not support any particular political party.

# From President Angela

Kia ora tatou, Nau mai, haere mai

We have been very blessed with good weather, good green grass, plenty of feed and lots of sunshine. Autumn is slowly disappearing and the landscape changes. Get your woolies out and remember to keep warm. The Multicultural food festival was a total success, all thanks to Violet Stewart. She has done an excellent job. Unfortunately, Violet has resigned from her role as coordinator. The council takes this opportunity to thank her for all her contributions and service over these years to the Southland Multicultural Council. You have been a very valuable member to this organization. Your work ethic and commitment to this organization will be deeply missed. We wish you well in your future endeavors.

The office is operating from 9:30 am to 3:30 pm. If you would like to visit, renew your membership or become a new member, if you are reading this newsletter and you are not part of the organization and you wish too. Now is the time to do it. You are welcome to go to the office and have a cup of tea or coffee, while sharing your views. Perhaps write a little article for the newsletter and share a story.

The SMC AGM is on 28th May (Wed) at the library on the second floor at 6:00 pm. But at 5.30pm, there are some amendments to the SMC Constitution, please come on vote on the amendments. You can collect the amendment at of the SMC office or request for an emailed copy at [office@southlandmulticultural.co.nz](mailto:office@southlandmulticultural.co.nz) The following events are still happening. The Kids Zone. (Volunteers are much needed). The first potluck of the year in June. We start with having an art exhibition. There are lots of artists out there. If you have any hidden arts, crafts, painting, photos talents please let us know. We would love to hear from you. We need help in the kitchen during the potlucks and we thought it would be neat to have your help. Volunteers are always welcome. Remember also some of the youths would love to start the youth group and a youth area would be available at the potluck. Toddlers have their own corner with fun activities for them. Do come up with some ideas and parents, you are also welcome and be part of it. We need your wisdom and skills. Your participation and contribution are essential.

Best wishes to all.

Kakite ano. Aroha nui.

Angela R. Pardo Cortes  
SMC President



**Eastern Southland  
Newcomers Network**

*Connecting People*

## New to Eastern Southland?

Visit <http://www.newcomers.co.nz/southland/gore.html>



If you would like to talk to the police about anything you can phone me on 215 0311 or Invercargill Police Station 211 0400.

Remember, if it is **urgent** dial 111  
*Community Constable, Anthony Hogan*

If you'd like to share a story with readers of this newsletter— something that has helped you to settle into New Zealand, a good news story, a recipe, something else of interest and appropriate for the newsletter — you can email it to me at [office@southlandmulticultural.co.nz](mailto:office@southlandmulticultural.co.nz) and I will include it as space permits. Thanks. *Vishnu*

## Tax Credit for Donations



Southland Multicultural Council Inc. is an incorporated society and is registered under the Charities Act 2005, CC27119.

Donations of \$5 or more are eligible for a donations tax credit from the Inland Revenue Department. A GST receipt will be issued so you can claim the rebate.

***The purpose of Southland Multicultural Council is to promote and protect the interests of ethnic people in Southland***



## From the Coordinator Greetings to everyone

Firstly, this will be the first newsletter I will be producing as the acting-coordinator. I promise everyone who sets foot in the office will be welcome warmly and I will try my level best to greet them in their own language.

I can greet and welcome a person in 16 different languages. I feel it is a good ice-breaker when a person is greeted in their own language.

I will try to make the newsletter more colourful with recipes from our very own SMC member, Chef Mavin Yong. For the first time, I will also incorporate some world festivals or activities from the countries of our members. I welcome, any members suggestions or articles to be put into this newsletter.

Recently, I attended the first citizenship ceremony as an official from SMC, I know it was a proud moment in the lives of 20 people of different ethnicity to spread their roots in New Zealand.

It is a big shoe to fill and take over from where, Violet left off and thank her for all her effort, she has accomplished for SMC.

Striving for the community

*Vishnu Nair*  
*Acting Coordinator*

## “Training for Interpreters” Course

Following the successful completion of the course participants will receive a

### **Certificate of Attainment in Interpreting Support**

Perhaps you are experienced in interpreting and would like to gain a certificate or are new to interpreting, this course is for you. You must be fluent in English and also be fluent in at least one other language.

This would be held on two Saturdays, towards the middle of the year if there are a sufficient number of people interested.

*If you are interested contact Southland Multicultural Council  
214 9296 or email [office@southlandmulticultural.co.nz](mailto:office@southlandmulticultural.co.nz)*

## Professional Speaking for Migrants

### A Speech NZ Course

8 week course in the evenings

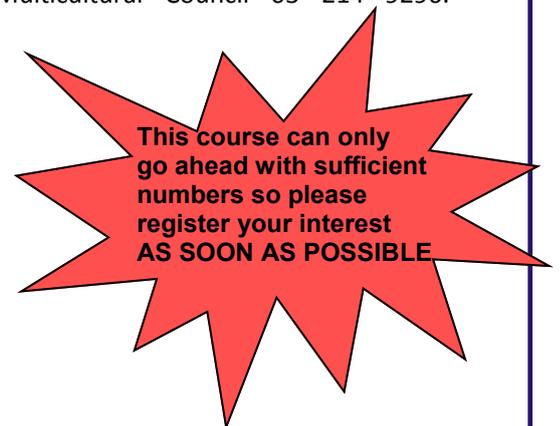
**(date, venue & cost to be confirmed  
examination optional & extra cost)**

Learn to:

- Speak with clarity about your qualifications and work experience.
- Give a talk to a small audience about your career or community interest.
- Do social speeches such as introducing or thanking a speaker or welcoming a new colleague.
- Gain confidence in communicating in English in one-to-one conversations.
- Relax before a job interview or other stressful speaking events.
- Learn to use PowerPoint and other visual aids.

At the end of this course participants have the option to do a NZ Speech Board examination, and receive a recognised qualification.

To register your interest or to find out more contact Nalini on 03 218 2736 or Southland Multicultural Council 03 214 9296.



Organised by  
*English Language Partners Southland  
and Southland Multicultural Council*



# Citizenship Ceremony



**April 15, Invercargill:** 20 people became citizens of New Zealand. The citizenship ceremony was held at the Invercargill City Council. Each family, received a small tree from the Southland Multicultural Council a symbolic gesture of laying down their roots in Aotearoa. We wish them all the best in their journey.

## Oath of citizenship

*"I, swear that I will be faithful and bear true allegiance to Her (or His) Majesty [specify the name of the reigning Sovereign, as thus: Queen Elizabeth the Second, Queen of New Zealand,] Her (or His) heirs and successors, according to law, and that I will faithfully observe the laws of New Zealand and fulfil my duties as a New Zealand citizen.*

So help me God.



## Coming up

**Next Southland Multicultural Council Potluck will be on Saturday June 14th, 6.30pm at Pacific Island Advisory Cultural Trust 135 Bowmont Street, Invercargill**

Please bring a plate of food to share.

*More details in June newsletter*

Members of Southland Multicultural Council –free; Non members - a gold coin donation





# Notice Board

## Citizen's Advice Bureau 97 Spey Street, Invercargill

This agency has been set up to assist people with enquiries for services and for referral to other agencies.

### Specialist service include:

**Justice of the Peace clinic**– Saturday 10am until noon. (no appointment necessary)

**Consumer clinic** - every Thursday 12pm—1.30pm & Friday 12pm-1.30pm - call to make an appointment

**Legal services**- free legal service on Thursday night. An appointment must be made.

Telephone: **(03) 218 6648 or 0800 367 222**  
**www.cab.org.nz**



## Southland Centre

184 Esk Street, Invercargill

### English language classes for people from non-English speaking backgrounds

- Home tutors
- English Language Groups -Invercargill, Gore, Lumsden & Winton
- English for Employees - Invercargill, Gore & Winton (for permanent residents /NZ citizens who are in employment)

**\*\*There will be a nominal charge for Permanent Residents of \$30 per term(10 weeks) and \$50 for non Permanent Residents for English Language Groups**

### IELTS training available

For more information please call Nalini Varghese on 03-218 2736 / 029 771 0950 or email [southland@englishlanguage.org.nz](mailto:southland@englishlanguage.org.nz)



## Southland Community Law Centre

100 Spey Street, Invercargill (note new address as from December 9th)

Ph. 03 214 3180 or 0800 55 0800

### Services include:

- providing legal information
- advice and assistance
- promoting legal education and law reform
- and in some cases representing people in court.

**These services are usually provided free to eligible members of the public. Check with your local community law centre to see what services they offer.**

## May Birthday Greetings to:

☺ Joer	☺ Phillip
☺ James	☺ Kenney
☺ Miriam	☺ Alhea
☺ Shuaib	☺ Tauhida
☺ Jovi	☺ Phil-Justin
☺ Borish	☺ Harold
☺ Adibah	☺ Bryan
☺ Maria	☺ Joseph



*Congratulations to everyone, young and old, having a birthday this month.*

*If anyone would like to have birthday greetings in our newsletters please phone the office, 214 9296 or email [office@southlandmulticultural.co.nz](mailto:office@southlandmulticultural.co.nz)*



## Learn English at SIT

ZERO FEES FOR NEW ZEALAND CITIZENS AND

PERMANENT RESIDENTS (FEES APPLY FOR NON PERMANENT RESIDENTS)

The SIT English language school provides new & old residents of Southland the best educational opportunity in the country to improve their English language learning at no cost.

Full time students can apply for study allowances to assist them through their study.

**SIT offer** Full & part-time Intensive English language certificate, NZQA approved with part-time IELTS program.

### Beginning any Monday-Times are:

Monday– Thursday 9am-4pm and  
Fridays 9am-12pm.

For further information call 03 2112699 extn. 8826 or email [applications@sit.ac.nz](mailto:applications@sit.ac.nz)

## Membership of Southland Multicultural Council

If you aren't a member of Southland Multicultural Council and would like to be you can either phone the office for a form, come into the office and collect a form or download a form from our website [www.southlandmulticultural.co.nz](http://www.southlandmulticultural.co.nz). On the website you will find the membership form under the heading of publications.



**Annual Membership is \$15 per family**

## Woking with Chef Mavin



**Tom Yam Fried Rice**

**Once a qualified and practising accountant,** Chef Mavin Yong stumbled upon his true calling in 1988. This celebrity Chef appeared on the Malaysian cooking show “Get ready to Cook”. He specialise in Indonesian, Thai, Nyonya, Chinese and Malaysia cuisine. Now a resident of Invercargill, he will cook up a storm with his delectable Malaysian style food to suit every palate.

*Fried rice with prawns and Tom Yam paste.*

Preparation time: 15 min ; Cooking Time 15 min ; Serves: 6

### Ingredients

Cooking oil	7 tbsp
Prawns (Shrimps)	400g shelled and deveined
Squid	100g cut into bite size pieces'
Eggs	4, lightly beaten
Cooked rice	1kg
Tom Yam paste	3 tbsp
Fish Sauce	2 tbsp.
Anchovy Stock granules	1tsp
Cucumber	1 whole, sliced
Tomatoes	2, sliced
Coriander/cilantro	1 sprig, cut into 2.5cm length
Lime	1, quartered.

### Method

1. Heat cooking oil in a large non-stick frying pan. Fry the prawns and the squid until tender.
2. Add beaten eggs and stir-fry until golden brown. Reduce heat to medium
3. Add rice, tom yam paste, fish sauce, and anchovy stock granules
4. Stir continuously until well mixed and the rice is hot.
5. Transfer on to a serving plate
6. Garnish with cut cucumber, tomatoes, coriander leaves and lime.

### Utensil in an Asian Kitchen

We are quite now accustomed with western utensils, however the utensils used I an Asian kitchens are quite different. Here are some of the utensils.



**Wok**



**Steamer Basket**



**Pestle and mortar**

## **Please return to :**

Southland Multicultural Council  
Southland Community House  
46 Kelvin Street  
Invercargill 9810

### **Beware!**

There is a very scary thing going on in the schools right now that we all need to be aware of. There is a type of crystal meth going around that looks like strawberry pop rocks (the candy that sizzles and 'pops' in your mouth). It also smells like strawberry and it is being handed out to kids in school yards. They are calling it strawberry meth or strawberry quick.



Kids are ingesting this thinking that it is candy and being rushed off to emergency in dire condition. It also comes in chocolate, peanut butter, cola, cherry, grape and orange. Please instruct your children to not accept candy from strangers and even not to accept candy that looks like this from a friend (who may have been given it and believe it is candy) and to take any that they may have to a teacher, principal, etc. immediately.