



Westland Newcomers Network

Connecting People

MARCH 2013

Welcome to *Newcomers!*

We are an informal social network which supports people new to Westland. Newcomers can help you get in touch with each other, local people, clubs and organisations. We hope to make you feel at home in your new environment. Please feel free to come along to our activities or contact me!

Lilian

FLAX WEAVING WORKSHOP in April

Anybody interested in taking part in a 2 hour basic flax weaving workshop in April, please get in touch on lilianmelsen@clear.net.nz before 25 March so we can get an idea about numbers. The cost would be \$10 with a minimum of 6 participants; if there are more weavers the price will be adjusted.

Hokitika Wild Food Festival /9 March



Newcomers activities in

March:

EASY BICYCLE RIDE

Monday 4 March: 1.30—approx. 3 p.m.

Meet at Fitzherbert Store (Fitzherbert St, Hokitika) and bring your bike. We'll be cycling via south-side to Kaniere and back over rustic Kaniere Tram Rd. Open to suggestions on the day too!

COFFEE MORNING

Thursday 14 March: 10.30 a.m.—midday

Regent Theatre Café, Hokitika

Drop in for a great coffee/tea etc. and a nice chat in the centre of town. Nice catch-up time!

KUMARA VISIT

Wednesday 20 March: 10-12.30 (approx.)

Meet at WestREAP, 72 Tudor St, Hokitika

For all those people who've passed through Kumara many times but never stopped at Londonderry Rock and the historic bathing site: join us on this trip! We'll also drop in at the newly renovated historic hotel for a look and maybe a hot/cold drink. If you like to come but haven't got transport, please email me on lilianmelsen@clear.net.nz before 18 March.

Lilian Mellsoy-Melssen

WestREAP
72 Tudor Street
PO Box 264
HOKITIKA



Rural Education Activities Programme

hokitika@newcomers.co.nz
www.westreap.org.nz
www.newcomers.co.nz

Laughter yoga

Where: Bodyworx Fitness center (no membership needed)

When: Wednesdays (except 12th March)

Time: 6.30pm Value: \$ 6.-

What to bring: , blanket, water bottle

Enquiries: Marianne 7556308 or 021 2093921

Laughter Yoga combines laughter with yogic breathing exercises. No experience needed, Everybody can do it!

Experience an uplifting and joyful time , letting yourself be carefree, have a laugh with gusto! Regular hearty laughter provides an aerobic workout that exercises the heart, diaphragm abdominal, and facial muscles, reduces wrinkles leaving us feeling and looking younger.and more..

New Coasters Greymouth will be doing an outing around Hokitika this month and are happy for any people from our group to join them. Details below:

Sun 10 March, 2.30pm This month's **outing** takes us on a 75min walk through old miners' shafts. Get into your walking shoes and do the **Blue Spur Bushwalk** with us. Don't forget to bring a snack for a shared outdoor picnic. Turn off Arahura roundabout, meet at **info kiosk on Blue Spur Road** to start the walk at 2.30pm. Contact us beforehand if you want to car share.

⇒ New Coasters Greymouth also runs Social English classes: **Saturdays 9.30am-11.30am Social English**

improve your reading, speaking, writing and listening skills in a friendly atmosphere. For details and registration please contact us: ncadmin@newcoasters.co.nz

Special local events in

March 2013

Art in the Park

Sat. 2 & Sun. 3 March: 10 a.m.—4 p.m.

Shantytown Heritage Park, Greymouth

www.artinthepark.co.nz

Children's Day Hokitika

Sun. 3 March: 10 a.m.—2 p.m, Cass Square

Over 100 free activities for kids and their families - making stuff, showing off your hidden talents, riding fire engines and a merry go round. **Contact:** Anna Dyzel, 03 755 8180

Pacific Curls

Tue. 5 March, 7.30 p.m.

Hokitika Regent Theatre (7558101 for tickets)



Hokitika Wild Foods Festival

Sat. 9 March: 10.15 a.m. — past midnight

Festivities all weekend. For details about our iconic, annual event go to: <http://www.wildfoods.co.nz>

Rock the 50s/60s & 70s

Friday 22 March: 7.30 p.m.

Hokitika Regent Theatre (7558101 for tickets)

Operatunity touring New Zealand with their 2013 evening concert series. This is the first night. www.operatunity.co.nz

